

# ROXBURY RECREATION

## FLAG FOOTBALL

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### FOOTBALL

**This program is designed as an introduction to basic fundamentals like running, throwing, catching and most of all, fun!**

**Learn teamwork and fundamentals all right here in town. We are looking to create 8 teams again this year!**

#### **Who?**

**All children 5-8 years old. Must be 5 prior to September 1st. Cannot Turn 9 Before November 15th.**

#### **When?**

**2 Practices/Games Per Week. Thursday nights 6:15pm-7:45pm. Sunday mornings from 10:30am-12pm.**

**Coaches needed too! Coaches must have Rutgers Certification (Certification is Free at Roxbury Recreation, please inquire)**

**Fee: \$65 per participant. Registration is open under the fall 2022 season on community pass. Season starts Thursday September 8th.**