



NFL Flag Football

NFL Flag Football program for Boys and Girls ages 5-8

Birthday Cut Off Age is taken as of July 31st at 11:59 p.m. local time of the current year.

Season begins Monday, September 14, 2020 and ends early November, with 2 practices/games per week, on Mondays and Wednesdays with approximate time of 6:15-7:45 pm. This program is designed as an introduction to all for football basics of running, throwing, catching and most of all, fun. Learn teamwork and fundamentals all here in town. We are looking to create Six (or more) teams again this year. All participants will receive an NFL jersey. Schedules are TBD.

Coaches needed too! Coaches must have Rutgers Certification – (Certification is Free at Roxbury Recreation, please inquire).

Registration: Through your Community Pass account **Cost:** \$50.00

NFL Flag Football program for Boys and Girls ages 9-10

Birthday Cut Off Age is taken as of July 31st at 11:59 p.m. local time of the current year- *NO EXCEPTIONS - NFL FLAG Rule.*

Season begins Tuesday, September 15, 2020 and ends early November, with 2 practices/games per week, on Tuesdays with approximate time of 6:15-7:45 pm and Saturdays or Sundays mornings approximate time of 9:45-11:00 am. This program is an extension of the of the K-2 program, enhancing their skills with potential to compete against other towns. Schedule still being planned and will depend on the number of participants. We are looking to create Four (or more) teams this year. Games will be officiated when playing other towns both home and away. This program will specifically follow the rules set by NFL FLAG Football. All participants will receive an NFL jersey. Schedules are TBD. - **Coaches needed too! Coaches must have Rutgers Certification – (Certification is Free at Roxbury Recreation, please inquire).**

Registration: Through your Community Pass account **Cost:** \$50.00

